



Stone & Grill

FOOD

ALLERGEN LIST

FOOD ALLERGY NOTICE:

Please be advised that food prepared here may contain or have come into contact with peanuts, tree nuts, soybeans, milk, eggs, wheat, shellfish or fish.

Meat and fish dishes may also contain bone shards.

If you have any food allergy or special dietary needs, please let our waiting staff know when you order. Not all ingredients are listed on the menu and we cannot guarantee the total absence of allergens. You may also ask us for our Food Allergen List.

Legend

V Vegetarian

VG Vegan

GF Gluten Free

DF Milk Free



STARTERS

*** Bread contains Wheat Gluten

Soup of the Day

Please ask a member of staff for the allergen

Mixed Olives V VG GF DF

May contain sulphites

Garlic Bread V

Wheat Gluten

Cheesy Garlic Bread V

Wheat Gluten, Milk

Bruschetta V VG DF

Wheat Gluten

Garlic Mushrooms V DF

Fried in Vegetable Oil that contains GMO
Soya

Cheesy Aubergine V GF

Milk, Vegetable oil contains GMO Soya

Falafel V VG GF DF

Fried in Vegetable Oil that contains GMO
Soya, Celery

Caprese Salad V GF

Milk

Calamari

Wheat Gluten, Yeast, Milk, Soya, Molluscs,
Crustaceans
Fried in Vegetable Oil that contains GMO
Soya

Hairy Prawns DF

Wheat Gluten, Crustaceans
Fried in Vegetable Oil that contains GMO
Soya

Honey-glazed Halloumi Fries V

Fried in Vegetable Oil that contains GMO
Soya, Milk
May contain wheat gluten

Mussels

Molluscs, Soya, Milk

Tzatziki V

Milk

Hummus V VG DF

Sesame seeds

Harissa Hummus V VG DF

Sesame seeds

MAINS

Rice contains Milk

Chips/Sweet Potatoes are fried in vegetable oil that contains GMO soya

Mash contains Milk and Soya

Salad sauce contains Sulphites

Lamb Skewer GF

Sulphites

Kofte GF

Sulphites

Lamb Chops GF

No known allergen

Kleftico

No known allergen

BEEF

Peppercorn sauce

Wheat Gluten, Milk, Soya

Rib-eye Steak GF

No known allergen

Surf & Turf with Prawns GF

Crustaceans

Mixed Grill GF

Sulphites

Mushroom sauce

Wheat Gluten, Milk, Soya

Beef Chops GF

No known allergen

Beef Ribs

Wheat gluten, soya

CHICKEN

Chicken Thighs GF

Sulphites

Chicken Mushrooms GF

Vegetable oil that contains GMO soya,
Milk and Soya

Chicken Skewer GF

Sulphites

Flat Chicken Wings GF

Sulphites

FISH

King Prawns GF

Milk, Crustaceans, Soya

Grilled Salmon GF

No known allergens

Grilled Seabass GF

No known allergens

Rice contains Milk

Chips/Sweet Potatoes are fried in vegetable oil that contains GMO soya, may contain gluten

Mash contains Milk and Soya

Steamed Vegetables may contain gluten

Salad sauce contains Sulphites

Chili Sauce contains celery and sulphites

Garlic Sauce contains Eggs, Mustard

Buns contain Wheat gluten, egg and milk and may contain sesame seeds

Burger Sauce contains celery, eggs, mustard, Sulphites

Ketchup contains celery

Mayo contains eggs and mustard

BBQ Sauce contains Sulphites

Pickled gherkins contain mustard seeds

Classic Cheese Burger

Milk, Wheat gluten and Sulphites

Cheese and Bacon Burger

Milk, Wheat gluten and Sulphites

Grilled Chicken Fillet Burger

Sulphites

PIZZAS

Margherita

Wheat Gluten, Milk

American Hot

Wheat Gluten, Milk, Sulphites

Vegetarian V

Wheat Gluten, Milk

Mushroom V

Wheat Gluten, Milk

Pepperoni

Wheat Gluten, Milk, Sulphites

Capricciosa

Wheat Gluten, Milk, Sulphites

Amalfi

Wheat Gluten, Milk, Sulphites

Hawaiian

Wheat Gluten, Milk, Sulphites

Chicken

Wheat Gluten, Milk

Boscaiola

Wheat Gluten, Milk, Sulphites

Al Tonno

Wheat Gluten, Milk, Fish

Seafood

Wheat Gluten, Milk, Molluscs,
Crustaceans, Vegetable oil contains GMO
soya

PASTAS

Spaghetti Carbonara

Wheat Gluten, Milk, Eggs, Soya
Vegetable oil has GMO soya

Penne Arrabbiata **V VG DF**

Wheat gluten, vegetable oil has GMO soya

Chicken Penne Arrabbiata **DF**

Wheat gluten, vegetable oil has GMO soya

Spaghetti Bolognese **DF**

Wheat gluten, vegetable oil has GMO soya, celery
May contain mustard

Lasagna

Wheat gluten, vegetable oil has GMO soya, celery, eggs, Milk,
May contain mustard

Spinach Ravioli **V**

Wheat Gluten, Milk, Eggs, Soya
May contain mustard

KIDS MENU

Spaghetti Bolognese

Wheat gluten, vegetable oil has GMO soya, celery
May contain mustard

Macaroni Cheese

Wheat gluten, Milk, Soya

Margherita Pizza

Wheat Gluten, Milk

Vegetarian Lasagna **V**

Wheat gluten, Milk, vegetable oil has GMO soya, eggs, soy
May contain mustard

Prawn Pesto Tagliatelle

Wheat gluten, vegetable oil has GMO soya, eggs, pine nuts, crustaceans

Tagliatelle Boscaiola

Wheat gluten, Milk, vegetable oil has GMO soya, eggs
May contain mustard

Chicken Alfredo Linguine

Wheat gluten, vegetable oil has GMO soya, Milk and Soya

Seafood Linguine **DF**

Wheat gluten, vegetable oil has GMO soya, eggs, crustacean and Molluscs

Beef Burger and Chips

Wheat gluten and Sulphites

Chicken Burger and Chips

Wheat gluten and Sulphites

Chicken Strips and Chips

Wheat gluten, vegetable oil has GMO soya, may contain milk

***Salad sauce has Sulphites ***SOURDOUGH bread contains wheat gluten

Mixed Leaf Salad V

No known allergen

Goat's Cheese Salad

Milk

Grilled Chicken Salad

Sulphites

Prawn Salad

Crustaceans, uses vegetable oil that contains GMO soya

EXTRAS

Chips/ Sweet Potatoes

Fried in Vegetable Oil that contains GMO

May contain wheat gluten, milk

Rice

Milk

Onion Rings

Wheat gluten, fried in Vegetable Oil that contains GMO Soya, may contain milk

Side Salad

No known allergen but sauce contains Sulphites

Bread

Wheat gluten, eggs, milk

Mashed Potatoes

Milk and Soya

Steamed Vegetables

May contain gluten

DESSERTS

New York Baked Cheesecake

Wheat gluten, Eggs, Milk, Soya

Chocolate Souffle

Wheat gluten, Eggs, Soya, Milk

Lemon Souffle

Wheat gluten, Eggs, Milk, Soya

Tiramisu Savoiardi

Wheat gluten, Eggs, Milk, Soya

Cannolo

Wheat gluten, Milk, Soya

Affogato Tartufo Amaretto

Wheat gluten, Eggs, Milk, Nuts

Ice Cream Contain Milk

Sorbet No known Allergen

Goccia al Pistacchio

Wheat gluten, Eggs, Milk, Pistachio Nuts, Peanuts, Soya

Crème Brulee GF

Milk, Eggs

Flourless Chocolate & Olive Oil Cake

GF DF

Eggs, nuts

Vegan Dark Chocolate Pudding

VG DF

Wheat gluten