Stone & Grill

FOOD

ALLERGEN LIST

FOOD ALLERGY NOTICE:

Please be advised that food prepared here may contain or have come into contact with peanuts, tree nuts, soybeans, milk, eggs, wheat, shellfish or fish.

Meat and fish dishes may also contain bone shards.

If you have any food allergy or special dietary needs, please let our waiting staff know when you order. Not all ingredients are listed on the menu and we cannot guarantee the total absence of allergens. You may also ask us for our Food Allergen List.

Legend

V Vegetarian

VG Vegan

GF Gluten Free

DF Milk Free

STARTERS

*** Bread contains Wheat Gluten

Soup of the Day
Please ask a member of staff for the allergen.

Mixed Olives V VG GF DF
May contain sulphites

Garlic Bread V VG DF
Gluten

Cheesy Garlic Bread V
Gluten, Milk

Bruschetta V VG DF
Gluten. Please request GF bread if needed GF

Garlic Mushrooms V VG DF GF
Serve with Bread that contains Gluten. Please request GF bread if needed GF

Cheesy Aubergine V GF
Milk

Falafel V VG GF DF
Celery, Sesame Seeds. Please request GF bread if needed GF

Caprese Salad V GF
Milk

Golden Goat's Cheese V
Milk, egg, gluten

Calamari
Gluten, Yeast, Milk, Soya, Molluscs, Crustaceans

Hairy Prawns
Gluten, Crustaceans

Honey-glazed Halloumi Fries V
Milk
May contain gluten

Mussels
Molluscs, Soya, Milk. Serve with Bread that contains Gluten. Please request GF bread if needed GF

Tzatziki V
Milk. Serve with Bread that contains Gluten. Please request GF bread if needed GF

Hummus V VG DF
Sesame seeds. Serve with Bread that contains Gluten. Please request GF bread if needed GF

- Rice contains Milk
- Chips/Sweet Potatoes are fried in vegetable oil that contains GMO soya, may contain gluten
- Mash contains Milk and Soya
- Steamed Vegetables may contain gluten
- Salad sauce contains Sulphites
- Chili Sauce contains celery and sulphites
- Garlic Sauce contains Eggs, Mustard

MAINS

LAMB

Lamb Skewer GF
Sulphites. Serve with rice that contains MILK

Kofte GF
Sulphites. Serve with rice that contains MILK

Lamb Chops GF
Sulphites. Serve with chips that may contain GLUTEN and MILK

Oven-cooked Lamb
Sulphites. Serve with Mash that contains MILK and SOYA

BEEF

Peppercorn sauce
Gluten, Milk, Soya

Rib-eye Steak GF
Sulphites. Serve with chips that may contain GLUTEN and MILK

Surf & Turf with Prawns GF
Sulphites, Crustaceans. Serve with chips that may contain GLUTEN and MILK

Mushroom sauce
Gluten, Milk, Soya

Beef Chops GF
Sulphites. Serve with chips that may contain GLUTEN and MILK

Beef Ribs
Gluten. Serve with Mash that contains MILK and SOYA

Mixed Grill GF
Sulphites. Serve with rice that contains MILK

CHICKEN

Chicken Thighs GF
Sulphites. Serve with rice that contains MILK

Chicken Skewer GF
Sulphites. Serve with rice that contains MILK

Chicken Mushrooms GF
Serve with Mash that contains MILK and SOYA

Flat Chicken Wings GF
Sulphites. Serve with chips that may contain GLUTEN and MILK

FISH

King Prawns GF
Milk, Crustaceans, Soya. Serve with rice that contains MILK

Grilled Salmon GF
Serve with Mash that contains MILK and SOYA

Grilled Seabass GF
Serve with Mash that contains MILK and SOYA

- Rice contains Milk
- Chips/Sweet Potatoes are fried in vegetable oil that contains GMO soya, may contain gluten
- Mash contains Milk and Soya
- Steamed Vegetables may contain gluten
- Salad sauce contains Sulphites
- Chili Sauce contains celery and sulphites
- Garlic Sauce contains Eggs, Mustard

- Buns contain gluten, egg and milk and may contain sesame seeds
- Burger Sauce contains celery, eggs, mustard, Sulphites
- Ketchup contains celery
- Mayo contains eggs and mustard
- BBQ Sauce contains Sulphites
- Pickled gherkins contain mustard seeds

All burgers are served with chips that may contain GLLUTEN AND MILK

Classic Cheese Burger
Milk, gluten on meat and buns, sulphites, celery, egg, mustard.

Cheese and Bacon Burger
Milk, gluten on meat and buns, sulphites, celery, egg, mustard.

Grilled Chicken Fillet Burger
Milk, gluten, sulphites, egg, mustard. May contain sesame seeds

PIZZAS

Margherita
Gluten, Milk

American Hot
Gluten, Milk, Sulphites

Vegetarian V
Gluten, Milk

Mushroom V
Gluten, Milk

Pepperoni
Gluten, Milk, Sulphites

Capricciosa
Wheat Gluten, Milk, Sulphites

Amalfi
Wheat Gluten, Milk, Sulphites

Hawaiian
Wheat Gluten, Milk, Sulphites

Chicken
Gluten, Milk

Boscaiola
Gluten, Milk, Sulphites

Al Tonno
Gluten, Milk, Fish

Seafood
Gluten, Milk, Molluscs, Crustaceans

Pesto Buffalo

Gluten, Milk, Nuts,

PASTAS

Spaghetti Carbonara
Gluten, Milk, Eggs, Soya. May contain mustard

Penne Arrabbiata V VG DF
Gluten. May contain soya and mustard

Chicken Rigatoni Arrabbiata DF
Gluten. May contain soya and mustard

Spaghetti Bolognese DF
Gluten, celery
May contain soya and mustard

Lasagna
Gluten, Milk, Eggs. May contain soya and mustard

Spinach Ravioli V
Gluten, Milk, Eggs, Soya
May contain mustard

Rigatoni Norcina
Gluten, Milk, Soya. May contain mustard.

Vegetarian Lasagna V
Gluten, Milk, Eggs. May contain soya and mustard

Prawn Pesto Linguine
Gluten, Nuts, Crustaceans. May contain soya and mustard

Chicken Pesto Rigatoni
Gluten, Milk, Soya, Nuts. May contain mustard

Chicken Alfredo Rigatoni
Gluten, Milk, Soya. May contain mustard

Seafood Linguine DF
Gluten, crustacean and Molluscs. May contain soya and mustard

KIDS MENU

Spaghetti Bolognese
Gluten, celery
May contain soya and mustard

Spaghetti Carbonara
Gluten, Milk, Eggs, Soya. May contain mustard

Macaroni Cheese
Gluten, Milk, Soya. May contain mustard

Margherita Pizza
Gluten, Milk

Chicken Strips and Chips
Gluten. Serve with chips that may contain GLUTEN and MILK

Chicken Burger and Chips
Milk, gluten, sulphites, eggs. May contain sesame seeds Serve with chips that may contain GLUTEN and MILK

Beef Burger and Chips
Gluten on meat and buns, sulphites, egg. Serve with chips that may contain GLUTEN and MILK
May contain sesame seeds**. Milk if Cheese is added**

***Salad sauce has Sulphites ***Bread contains wheat gluten

Mixed Leaf Salad V
Sulphites in salad sauce. Gluten in bread

Goat's Cheese Salad
Milk, Sulphites in salad sauce. Gluten in bread

Falafel Halloumi Salad
Sesame, Celery, Milk, Sulphites in salad sauce. Gluten in bread

Grilled Chicken Salad
Sulphites, Gluten in Bread

Prawn Salad
Crustaceans, Sulphites in salad sauce. Gluten in bread

EXTRAS

Chips/ Sweet Potatoes
May contain gluten and milk

Rice
Milk

Onion Rings
Gluten. May contain and Gluten and Milk

Bread
Gluten, eggs, milk

Side Salad
No known allergen but sauce contains Sulphites

Mashed Potatoes
Milk and Soya

Steamed Vegetables

May contain gluten

DESSERTS

New York Baked Cheesecake
Gluten, Eggs, Milk, Soya

Chocolate Souffle
Gluten, Eggs, Soya, Milk

Lemon Souffle
Gluten, Eggs, Milk, Soya

Tiramisu Savoiardi
Gluten, Eggs, Milk, Soya

Cannolo
Gluten, Milk, Soya

Affogato Tartufo Amaretto
Gluten, Eggs, Milk, Nuts

Ice Cream Contain Milk
Sorbet No known Allergen

Goccia al Pistacchio
Gluten, Eggs, Milk, Pistachio Nuts, Peanuts, Soya

Crème Brulee GF
Milk, Eggs

Melty Magic
Gluten, Milk, Soya. May contain Nuts, Peanuts and sesame.

Flourless Chocolate & Olive Oil Cake GF DF
Eggs, nuts

Vegan Dark Chocolate Pudding VG DF
Gluten